

## Overnight Squash Camp High Performance



	Sun July 27	Mon July 28	Tue July 29	Wed July 30	Thu July 31	Fri Aug 1	Sat Aug 2
7:45-8:45		Breakfast					
		Opening Remarks					
9:00-12:00		Training	Training	Training	Training	Game Play	Departure for International campers
12:00-13:00		Lunch					
						Game Play	
13:00-16:00	Arrival Time 14:00 - 16:00	Training / Game Play	Training / Game Play	Training / Game Play	Training / Game Play	Closing Ceremonies 2:00-3:00pm	
17:00 - 17:30	Orientation / Ice Breaker	Free time	Free time	Free time	Free time		
17:30-18:30	Dinner						
18:30 - 20:00	On Campus Activity Evening Activity	On Campus Activity Evening Activity	On Campus Activity Evening Activity	Beach Evening Activity	Mayfair Mall Evening Activity	On Campus Activity (International campers only)	
20:00-21:00							
21:00 - 21:30	Snack						
21:00-22:30	Free Time						
22:30	Lights Out						